

## Community Health Empowerment Programs



**Community Health Empowerment courses** range from a semester-long, college-level undergraduate-survey course, to weekend workshops, to one day seminars ---all customized for the needs of the audience



**CHEIRS** is the “big data” system to access, understand and leverage government health data to reach a real-world, data-driven understanding of the factors effecting a community. We believe when businesses, residents feel empowered with data, they are best suited to work for change in their own communities.



**School Tools TV** is a nationally recognized elementary school, classroom-based, web video program independently owned by beloved teacher and coach Rusty May. Here young students are introduced to the values of Community Health.



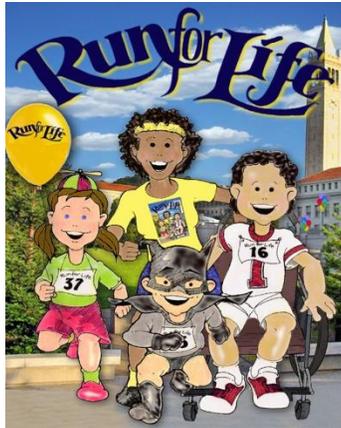
**Video School Assemblies** - we can conduct city-wide video school assemblies to celebrate Community Health Empowerment, which requires top level support from all school officials.



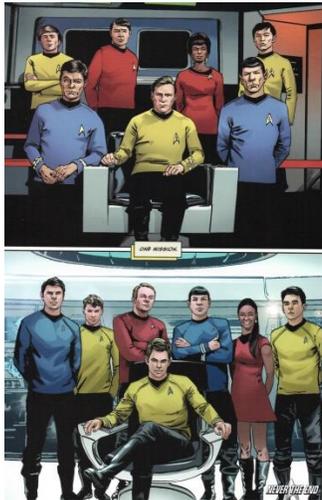
**Neighborhood Block Parties** – a city-wide Block Party in every block, which requires a personal commitment from the city officials, faith leaders, civic and service club leaders, all celebrating *Community Health Empowerment*.



**Coloring Book** - Teaching children the culture of *Community Health Empowerment* at the youngest age possible is not only smart to effect sustainable change, but it also the right thing to do. We have our cartoons drawn and can create this coloring book when funded.



**The Walk/Run for Life** is a 3K, 5K walk/run which can bring the community out for a health-centered, family-centered, community-centered one day event. The Walk/Run can also raise funds for groups based on the group's effort to recruit runners and walkers, parents, relatives, neighbors, co-workers and friends. The higher number registered, the greater the percentage of registration fees returned to the group. Returns can reach 75%!



**Planet Earth** - Generally, young adults will not read a long book. The popular form of entertainment and education for young adults is the comic book, so we have written one, produced when funded. The plot involves the real look at what is happening to our planet, but then incorporates the values of *Community Health Empowerment* into the story and into the crew of the Enterprise.



**Neighborhood Parades** – with or without a Block Party following, we can plan and obtain permits to have small or large parades, which feature children and their teachers or other adult supervised youth activities: decorated bicycles, wagons, families and neighborhoods all marching celebrating *Community Health Empowerment*.